Equate Nicotine Transdermal System Step 1, 21 mg Clear Patch, 14ct

Item Description
Quit smoking and overcome tough withdrawal symptoms with Equate Nicotine Transdermal System Step 1. This Equate Nicotine Patch is designed for people who smoke more than 10 cigarettes per day (while Step 2 is for people who smoke 10 cigarettes per day or less). These nicotine patches are clear and easy to put on. Each Equate Nicotine Patch has 21 mg of nicotine and lasts for 24 hours. As part of the Behavior Support System, Equate Nicotine Transdermal System Step 1 comes with program instructions and features an easy-to-follow program to quit smoking. The Equate Nicotine Transdermal System Step 1 comes with 14 patches.

Warnings
If You Are Pregnant Or Breast-Feeding, Only Use This Medicine On The Advice of Your Health Care Provider. Smoking Can Seriously Harm Your Child. Try to Stop Smoking Without Using Any Nicotine Replacement Medicine. This Medicine Is Believed to Be Safer Than Smoking. However, The Risks to Your Child from This Medicine Are Not Fully Known. Do Not Use: If You Continue to Smoke, Chew Tobacco, Use Snuff, Or Use A Nicotine Patch Or Other Nicotine Containing Products. Ask A Doctor Before Use If You Have: Heart Disease, Recent Heart Attack, Or Irregular Heartbeat. Nicotine Can Increase Your Heart Rate; High Blood Pressure Not Controlled With Medication. Nicotine Can Increase Blood Pressure; An Allergy to Adhesive Tape Or Skin Problems Because You Are More Likely to Get Rashes. Ask A Doctor Or Pharmacist Before Use If You Are: Using A Non-Nicotine Stop Smoking Drug; Taking Prescription Medicine For Depression Or Asthma. Your Prescription Dose May Need to Be Adjusted. When Using This Product: Do Not Smoke Even When Not Wearing The Patch. The Nicotine In Your Skin Will Still Be Entering Your Bloodstream For Several Hours After You Take Off The Patch. If You Have Vivid Dreams Or Other Sleep Disturbances, Remove This Patch At Bedtime. Stop Use and Ask A Doctor If: Skin Redness Caused By The Patch Does Not Go Away After Four Days, Or Your Skin Swells, Or You Get A Rash; Irregular Heartbeat Or Palpitations Occur; You Get Symptoms of Nicotine Overdose Such As Nausea, Vomiting, Dizziness, Diarrhea, Weakness, and Rapid Heartbeat. Keep Out of Reach of Children and Pets. Used Patches Have Enough Nicotine to Poison Children and Pets. If Swallowed, Get Medical Help Or Contact A Poison Control Center Right Away. Save Pouch to Use For Patch Disposal. Dispose of Used Patch By Folding Sticky Ends Together and Putting In Pouch.

Directions
If You Are Under 18 Years of Age, Ask A Doctor Before Use. Before Using This Product, Read The Enclosed Self-Help Guide For Complete Directions and Other Information. Stop Smoking Completely When You Begin Using The Patch. If You Smoke More Than 10 Cigarettes Per Day, Use The Following Schedule: Weeks 1 Thru 4, Step 1, Use One 21 Mg Patch/Day; Weeks 5 and 6, Step 2, Use One 14 Mg Patch/Day; Weeks 7 and 8, Step 3, Use One 7 Mg Patch/Day. If You Smoke 10 Or Less Cigarettes Per Day, Start With Step 2 For 6 Weeks, Then Step 3 For 2 Weeks and Then Stop. Apply One New Patch Every 24 Hours On Skin That Is Dry, Clean, and Hairless. Remove Backing from Patch and Immediately Press Onto Skin. Hold For 10 Seconds. Wash Hands After Applying Or Removing Patch. Save Pouch to Use For Patch Disposal. Dispose of Used Patch By Folding Sticky Ends Together and Putting In Pouch. The Used Patch Should Be Removed and A New One Applied to A Different Skin Site At The Same Time Each Day. If You Have Vivid Dreams, You May Remove The Patch At Bedtime and Apply A New One In The Morning. Do Not Wear More Than One Patch At A Time. Do Not Cut Patch In Half Or Into Smaller Pieces. Do Not Leave Patch On For More Than 24 Hours Because It May Irritate Your Skin and Loses Strength After 24 Hours. Stop Using The Patch At The End of 8 Weeks. If You Still Feel The Need to Use The Patch Talk to Your Doctor. Other Information: Store At 20-25 C (68-77 F).
Active Ingredients
Nicotine, 21 Mg Delivered Over 24 Hours. Purpose: Stop Smoking Aid

Inactive Ingredients
Acrylate Adhesive, Polyester, Silicone Adhesive

Disclaimer
While we strive to obtain accurate product information, we cannot guarantee or ensure the accuracy, completeness or timeliness of any product information. We recommend that you do not solely rely on the information presented on this website and that you always read labels, warnings, and directions and other information provided with the product before using or consuming a product. For additional information about a product, please contact the manufacturer. Walmart.com assumes no liability for inaccuracies or misstatements about products. Information and statements regarding dietary supplements have not been evaluated by the Food and Drug Administration and are not intended to diagnose, treat, cure or prevent any disease or health condition. Content on this website is for reference purposes only and is not intended to substitute for advice given by a physician, pharmacist or other licensed healthcare professional. You should not use this information as self-diagnosis or for treating a health problem or disease. Contact your health-care provider immediately if you suspect that you have a medical problem.